



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course _____ Distance _____

Location (state) _____ (city) _____

Type of course: road race calibration track Configuration: _____

Type of surface: paved _____ % dirt _____ % gravel _____ % grass _____ % track _____ %

Elevation above sea level) Start _____ Finish _____ Highest _____ Lowest _____

Straight line distance between start & finish _____ Drop _____ m/km Separation _____ %

Measured by (name, address, phone & e-mail) _____

Race contact (name, address, phone & e-mail) _____

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: _____ Date(s) when course measured: _____

Race date: _____ Course certification effective date: _____

Certification code: _____

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

AS NATIONALLY CERTIFIED BY:

Justin Kuo

Date: _____



Run For All Ages 5K Wakefield, Massachusetts

USATF Certification #MA13037JK
Effective 10/24/2013 - 12/31/2023
Drop -0.06 m/Km, Separation 5.21%

Start and Finish, and all mile markers are marked with P-K nails and white paint (UP = Utility Pole).

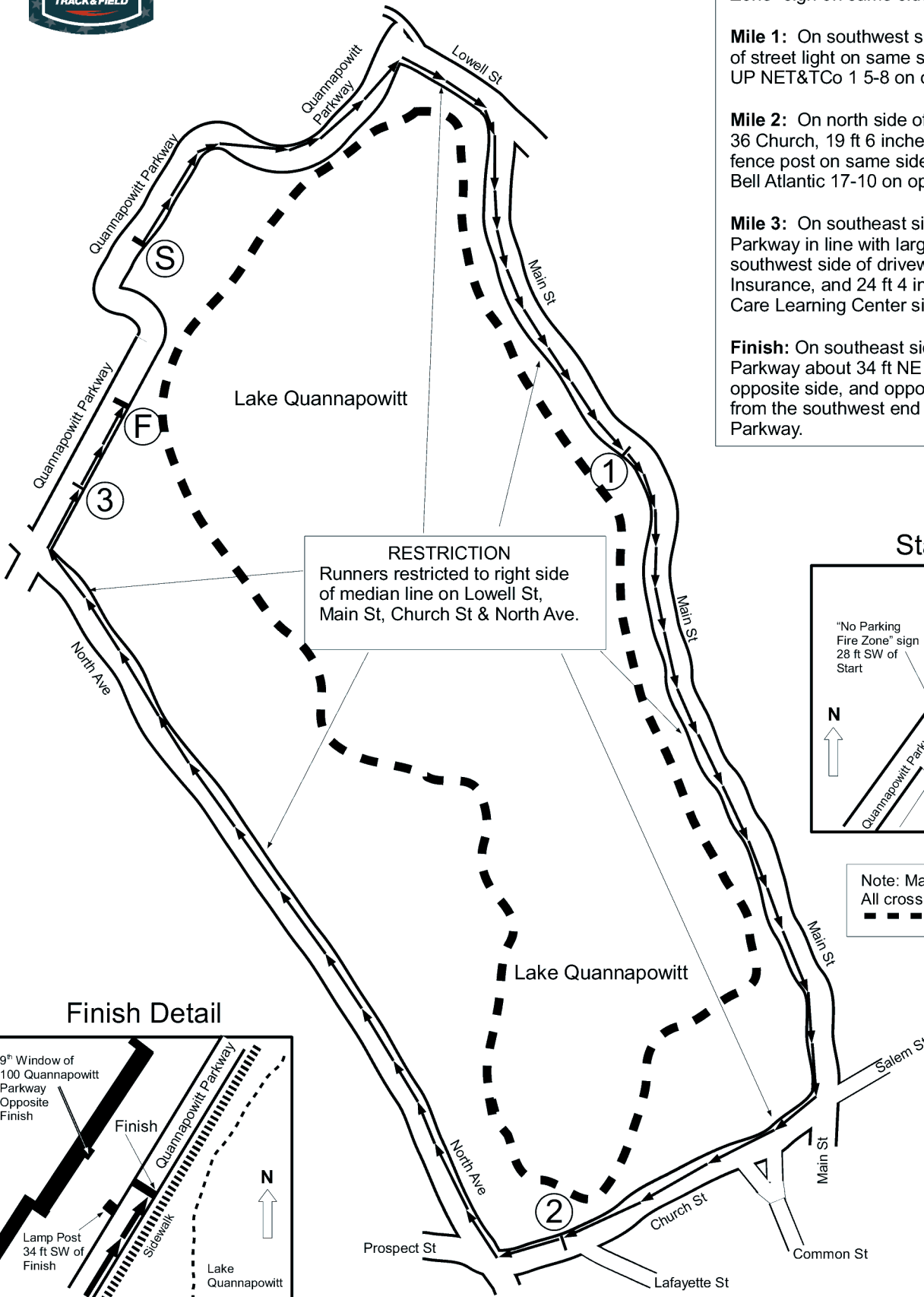
Start: On southeast side of Quannapowitt Parkway even with center of Lamp post on northwest side of parking lot for Comverse, Inc., and about 28 ft NE of "No Parking Fire Zone" sign on same side.

Mile 1: On southwest side of Main St 49 ft S of street light on same side, and 18 ft N or UP NET&TCO 1 5-8 on opposite side.

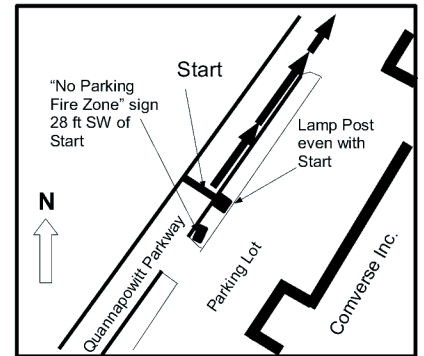
Mile 2: On north side of Church St opposite 36 Church, 19 ft 6 inches W of last chain link fence post on same side, and 15 ft W of UP Bell Atlantic 17-10 on opposite side.

Mile 3: On southeast side of Quannapowitt Parkway in line with large boulder at southwest side of driveway in front of Eastern Insurance, and 24 ft 4 inches NE of Kinder Care Learning Center sign on same side.

Finish: On southeast side of Quannapowitt Parkway about 34 ft NE of Lamp Post on opposite side, and opposite the 9th window from the southwest end of 100 Quannapowitt Parkway.



Start Detail



Note: Map not drawn to scale.
 All cross roads not on map!
 - - - = Lake Shoreline

Finish Detail

